

Resources for students during Corona

The current pandemic is not only a health risk, but can also negatively affect other parts of our lives. Following are therefore some information and resources for students about topics like finances, counseling and domestic violence.

Finances

Many students work to finance their studies. For some students that is a little bit more difficult at the moment.

For this reason offers the Studierendenwerk Thüringen, in cooperation with the state government and the universities, financial hardship loans of up to 800 Euros. More information about that, including who to contact, can be found on their website [here](#).

The German Association of the Studierendenwerke also has an FAQ which gives some more information about problems (and corresponding information) while studying in Corona times. The FAQ can be found [at this website](#).

(Psycho-social) Counselling

If the current crisis affects your mental health negatively or if you are at risk that already existing mental health problems become worse, please consider searching for help.

The psycho-social counseling of the Studierendenwerk Thüringen is still available, at the moment via phone, online or via email. More information can be found at their [homepage here](#).

The student-to-student counseling service (StuBe) also continues to operate at the moment, offering also counseling via Skype. Please contact them directly at studberatung@hs-nordhausen.de.

An additional resource is the newly set up Corona hotline of the Association of German Psychologists, which you can turn to if the current Corona crisis stresses you. The hotline can be reached anonymously and for free every day from 8 am to 8 pm at +49 800 777 22 44.

Queer people are sometimes especially affected by crisis like this. The German Lesbian and Gay Association has therefore compiled a list with resources and recommendations focused on queer people. The list, which is unfortunately only in German, can be found [here](#) findet. In the state of Thuringia, the QueerWeg association and the LSBTIQ* coordination offer additional counseling. Their contact can be found when you click [here](#).

Domestic Violence

Crisis situation and lockdown unfortunately correspond unfortunately also with increased rates of domestic violence.

Women affected by domestic violence can turn to the Violence against women support hotline, which offers counseling by phone, via chat and online in 17 different languages. Their homepage can be found [here](#). If the situation escalates you can find more information on women's shelters at the Frauenhaus-Koordinierung, [please click here](#).

Men can become victims of domestic violence as well. This happens mostly less physical, but rather as psychological violence. If you experience this as a man you should not be afraid to turn to help! Men affected by (domestic) violence can turn to the Weißer Ring. More information, including their hotline, can be found on their homepage [which you can find here](#).