

## **Abstract**

This master-thesis deals with the research gap and the resulting research needs, with working with parents of anorectic children and adolescents in psychiatry for children and youngsters. Furthermore the researcher wants to identify the chances and challenges of this working field. In addition to that, she concerns the disturbance of anorexia nervosa in childhood and adolescence generally and with the associated methods of treatment. Aim of this thesis is to give an overview about working with parents of this target group. Although it is popular that social-family problems influence the development of anorexia nervosa, there are only few opportunities for social workers and psychotherapists, to intervene in the work with parents.