

#### **Hochschule Nordhausen**

International Relations Weinberghof 4 99734 Nordhausen Tel.: +49 3631 420 133

Email: ipw@hs-nordhausen.de

# 22<sup>nd</sup> International Project Week 11<sup>th</sup> – 15<sup>th</sup> May 2020

Lecturer: Michael Daly

University/Company: Michael Daly T/A The Barnabas Project

Country: Ireland

#### Leadership and developing self-leadership skills and traits within a social work context

#### Content:

The following six traits will be looked at and dealt with when delivering this project –

Trait 1 BEING DETERMINED

Trait 2 GETTING CREATIVE

Trait 3 PLAYING TO YOUR STRENGTHS

Trait 4 HAVING A VISION FOR YOUR LIFE AND WORK

Trait 5 KNOWING YOUR MISSION

Trait 6 STAYING FOCUSED

#### Methods:

The course will be taught in such a way that it will involve individual and group work by the students.

### Competences and skills to be acquired:

It would be the intention that having completed this course the students will:

- 1. Know of and understand the six traits of being a self-leader within their own life and future work environments
- 2. Have an understanding of what it is they are strong at and
- 3. How they can best maximize and use their strengths to the best of their abilities within their own lives and work.

## **Prerequisites:**

That the student comes with an open mind and is prepared to work on their own initiative as well as play a full and active part in all group work activities.

## Language of instruction:

English

## Recommended for:

Social Sciences