

22nd International Project Week **11th – 15th May 2020**

Lecturer: Marina de la Maza Escobedo & Roger Sans Guimera

University/Company: Basket Beat: esport, art, educació i acció social

Country: Spain

Basket Beat: art, movement, education and social transformation

Content:

- Arts as a social action and educational methodology
- Elements from the Basket Beat method: training group, stop moment, participant observation, socioeducational support, growth through musical experience and transfer between dynamics, exercises and abilities for life.
- The group as a space and strategy for socio-educational support
- Educational directionality and the conception of education, culture and social problems
- Intification, visibility and transfer.
- The observation, the silence, the question and the change of place
- Review our role as educators
- Self-awareness or metacognition as the pillar of emotional intelligence.
- Influence of emotions in our perception.
- Music as a tool to transform the state of consciousness

Methods:

We will form a training group to reach the goals that are proposed while being an active subject of the Basket Beat process. Through the creation of music and group dynamics with basketballs, we can identify and learn techniques and resources for our own socioeducational development.

Competences and skills to be acquired:

- Abilities for life, especially those that refer to learning how to learn and learning to live together.
- Capacity to solve problems, analyze critically and make decisions for different contexts (academical, professional, personal, etc.)
- Ability to work in a team and develop creative proposals.
- Lead groups, initiatives, projects and professional teams.
- Incorporate art and culture as methodologies for the actions of the professionals participants.

Prerequisites:

Basket Beat's methodology is open for everyone. It can enrich and contribute to the participants' personal development, independent of their own personal or academical interests.

Language of instruction:

English

Recommended for:

Interdisciplinary