

**24<sup>th</sup> International Project Week 2022**  
**09<sup>th</sup> – 13<sup>th</sup> May 2022**

**Lecturer:** Michael Daly

**University/Company:** Michael Daly T/A The Barnabas Project

**Country:** Ireland

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**Developing self-leadership skills and traits within a social work context**

**Content:** The following six traits will be looked at and dealt with when delivering this project:

Trait 1 Being Determined

Trait 2 Getting Creative

Trait 3 Playing to your Strengths

Trait 4 Having a Vision for your Life and Work

Trait 5 Knowing your Mission

Trait 6 Staying Focused

**Methods:** The course will be taught in such a way that it will involve individual and group work by the students.

**Competences and skills to be acquired:** It is the intention that having completed this course the students will:

1. know of and understand the six traits of being a self-leader within their own life and future work environments,
2. have an understanding of what it is they are strong at and
3. how they can best maximize and use their strengths to the best of their abilities within their own lives and work.

**Prerequisites:** That the student comes with an open mind and is prepared to work on their own initiative as well as play a full and active part in all group work activities.

**Language of instruction:**

English