Make and Use of Genograms for Identifying Emotional, Behavioural and Medical Patterns Between Generations. Usage in Consulting and Self-Understanding.

Content:
- Introduction to transgenerational concept;
- Introduction to genograms - types, usage, symbols
- Learning to make genograms by hand and using programmes
- Making and analysing the genogram of your family in order to learn it first hand and better understand yourself
- Practising to make Genogram in practice (during the consultation)

Methods:
Theoretical presentations;
Video presentations;
Role play, individual tasks, group discussions;
Programme presentation

Competences and skills to be acquired:
Knowledge about transgenerational influence;
Practice in making and understanding the genogram tool;
Practice in making genograms during consultation;
Self-reflection;
Communication in situations where topics are of a sensitive nature

Prerequisites:
Interest or/and studying in social, psychology related fields, consulting. Willingness for self-reflection.

Language of instruction: English

Recommended for: Social Studies