18th International Project Week 2016
25th – 29th April 2016

Lecturer: Josep Mª Aragay Borràs, Albert Casan Milla

University/Company: Basket Beat: esport, art, educació i acció social

Country: Spain

Community Arts and Basket Beat

Content:
In these days of individualism, a movement of artistic-educational practices is growing to accompany communities and groups which are in risk situations. We will offer a global view of this reality and we will generate valuable content which will be useful for our educative jobs by means of the Basket Beat methodology: a methodology that uses basketballs and the body to facilitate the access to the artistic experience, with the goal of social transformation.

Methods:
The work will focus on the body, the interests and skills of the participants through practical, accessible and fun exercises that are used to promote the growth of the participants and of the group.

We will experience specific resources from educational theories (particularly active school and Freire’s liberating pedagogy) and psychology/therapy (especially from the systemic model and strategic family therapy).

Competences and skills to be acquired:
Essentially knowing yourself in relation to others to experience educational strategies, our resources and personal style to accompany groups at risk and their processes of change.

We will train life skills such as critical thinking, independence, decision making, creative thinking, emotional intelligence, among others, from a professional perspective.

We will encourage the word circulation, active participation, teamwork and the connection between brain (thoughts), body (senses) and heart (emotion).

Prerequisites:
Interest in formal and non-formal education, therapy, music and arts in general, community development, social action and cultural management, comfortable clothes.

Language of instruction: English

Recommended for: Social Studies