19th International Project Week 2017
15th – 19th May 2017

Lecturer: Alison Robert

University/Company: Alison Robert

Country: United Kingdom

Sexual literacy and behaviour change

Content:
The course will aim to support students to:
- Develop an understanding of sexual health literacy in healthy relationships, Discussing Consent, Understanding exploitation, negotiating safer sex, contraception, STIs and how to access to services.
- Confidence to discuss sexual health to build lifelong sexual literacy.
- Explore their attitudes and values to sexual health related issues of gender and sexual orientation.
- Develop health promotion interventions.

Methods:
The approach will be participatory through brief presentations, discussion groups and problem solving exercises.

Competences and skills to be acquired:
The participants will gain competency and skills in
- communicating health promotion messages and health marketing
- Sexual health awareness
- Approaches to behaviour change
- Problem solving skills

Prerequisites:
Able to work in English

Language of instruction: English

Recommended for: Social Studies