Basket Beat: sport, art, education and social transformation

Content:
- Community arts bases.
- Elements from the Basket Beat method: training group, stop moment, participant observation, socioeducational support, growth musical experience and transfer between dynamics, exercises and abilities for life.

Methods:
We pretend to generate a training group to reach the contents proposed, being an active subject of the Basket Beat process. Through the musical creation and group dynamics with balls of basketball, we can identify and learn techniques and resources for our own socio-educational development.

Competences and skills to be acquired:
- Abilities for life, especially those that refer to learning to learn and learning to live together.
- Capacity to solve problems, analyze critically and make decisions for different contexts (academic, professional, personal, etc.)
- Ability to work in a team and develop creative proposals.
- Lead groups, initiatives, projects and professional teams.

Prerequisites:
Basket Beat’s methodology is aimed to everyone. It can enrich and contribute to the participants’ personal process, independently of their interests or academic formation.

Language of instruction: English

Recommended for: Social Studies