Project Leadership & Gatka

Content:
This course is designed by AK Optimize and Amerjit Walia to challenge the students to reflect on their values, capabilities and cultural assumptions as leaders. It allows learners to work in teams and deliver a highly interactive presentation based on Sikh Martial Arts (Gatka).

Methods:
- Classroom Based
- Sports Hall
- Work in groups in and outside of formal sessions

Competences and skills to be acquired:
The students will:
1. Reflect on their own personal values as leaders
2. Consider key leadership theories and behaviour
3. Evaluate the impact of culture on leadership
4. Participate in physical training sessions to learn basic Gatka Skills
5. Deliver a team presentation in English to colleagues and demonstrate their newly learnt skills.

Prerequisites:
- Complete Shield Exercise
- Must be able to and be willing to participate in physical training in the sports hall
- Be physically able (i.e. no medical conditions and injuries)
- Follow instructions

Language of instruction: English

Recommended for: Economics