

**General points of contact for
emergency assistance**

Who/What?	Telephone	Website
Emergency (medical on-call service)	116 117	https://www.116117.de/de/index.php
Emergency (rescue service - in case of danger to life)	112 / 110	
Südharz Klinikum Nordhausen gGmbH Psychiatry, Psychotherapy and Psychosomatics Dr.-Robert-Koch-Straße 39 in 99734 Nordhausen	+493631 410 → connect with psychiatry by telephone	Südharz Klinikum Nordhausen (shk-ndh.de)
Telephone counselling	<u>evangelical</u> 0800 111 0 111 <u>catholic</u> 0800 111 0 222 <u>non-denominational</u> 116 123	https://www.telefonseelsorge.de/ phone, chat and email counseling possible
Seelofon Self-help counseling for mental illness	0228-71002424 or 01805-950951 Monday - Thursday 10am -12am and 2pm – 8pm Friday 10am - 12am and 2pm to 6pm	seelefon@psychiatrie.de , www.bapk.de counseling by phone and email
Suicide Prevention Association	<u>Crisis hotline</u> 05121 - 5 88 28 (daily 6 - 10 pm) <u>anonymous listening phone</u> 05121 - 51 62 88 (daily 10 - 12 am & 4 - 6 pm)	https://www.suizidpraevention-hildesheim.de/

<p>Appointment service center of the Association of Statutory Health Insurance Physicians in Thuringia Specialists and psychotherapists</p>	<p>03643 7796042</p> <p>Monday - Friday 09am – 12am</p> <p>Tuesday 2pm - 5pm</p>	<p>www.kv-thueringen.de</p>
<p>Violence against women helpline</p>	<p>116 016 www.hilfetelefon.de</p>	
<p>Intervention center against domestic violence North Thuringia Domstraße 6 99734 Nordhausen</p>	<p>+49 3631 6588476</p>	<p>https://www.frauen-gegen-gewalt.de/de/organisation/interventionsstelle-gegen-haeusliche-gewalt-und-stalking-nordthueringen.html</p>
<p>Social psychiatric service Behringstraße 3 99734 Nordhausen</p>	<p>03631-9115603 Mr Klostermann (surname A – Gn)</p> <p>03631 911-5604 Mr. Kamphenkel (surname Go – L)</p> <p>03631 911-5602 Mr. Hoffmann (surname M – Sch)</p> <p>03631 911-5601 Mr. Fessel (surname Se – Z)</p>	<p>gesundheitswesen@lrandh.thueringen.de</p>
<p>Psychosocial counseling for lesbians, gays, bisexuals, transsexuals, intersexuals and queer people</p>	<p>03641 - 939 04 65</p>	<p>https://www.lebenslust-beratungsstelle.de/lstb/</p> <p>Online counseling</p>
<p>SOLWODI Bayern e.V. Solidarity with woman in distress</p>	<p>094189966547</p> <p>Monday - Friday 10am – 3pm</p>	<p>regensburg@solwodi.de</p>

<p>Queeres Zentrum Erfurt Johannesstraße 52 Eingang Waldenstraße 99084 Erfurt</p>	<p>0361-213 468 40</p> <p>Tuesday: 4pm – 6pm</p> <p>Wednesday: 10am-12am</p> <p>Friday: 6pm-8pm</p>	<p>info@queeres-zentrum-erfurt.de</p> <p>www.queeres-zentrum-erfurt.de</p>
<p>White Ring</p> <p>Free help service for victims of crime</p>	<p>116 006 (daily 7 am - 10 pm)</p>	<p>https://weisser-ring.de/</p> <p>also online counseling</p>
<p>Parents' hotline</p> <p>Anonymous, toll-free counseling service for concerns about your child</p>	<p>0800 1110550 (Monday - Friday 9 to 11 am, Tuesday & Thursday 5 to 7 pm)</p>	<p>www.nummergegenkummer.de</p>
<p>Addiction and drug hotline</p>	<p>01805 313031 (available around the clock -20 cents/call)</p>	<p>https://www.sucht-und-drogen-hotline.de/</p>

Status: September 2025